### COMMONLY ABUSED PRESCRIPTION AND OTC MEDICATIONS

Substance Examples of Commercial and Street Names

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Amytal, Nembutal, Seconal, Phenobarbital; barbs, reds, red birds, barbiturates

phennies, tooies, yellows, yellow jackets

Benzodiazepines Ativan, Halcion, Librium, Valium, Xanax; candy, downers, sleeping

pills, tranks

Flunitrazepam Rohypnol; forget-me pill, Mexican Valium, R2, Roche, roofies,

roofinol, rope, rophies

(associated with sexual assaults; not sold in US, but may be brought in)

(other than flunitrazepam)

#### OPIOIDS AND MORPHINE DERIVATIVES

codeine Empirin with Codeine, Fiorinal with Codeine, Robitussin A-C,

Tylenol with Codeine; Captain Cody, Cody, schoolboy; (with glutethimide) doors & fours, loads, pancakes and syrup

Actiq (oral), Duragesic (patch), Sublimaze; Apache, China qirl, China fentanyl and fentanyl analogs

white, dance fever, goodfella, jackpot, murder 8, TNT, Tango & Cash

morphine Roxanol, Duramorph; M, Miss Emma, monkey, white stuff

oxycodone HCL Oxycontin; Oxy, O.C., killer

Vicodin; vike, Watson-387 hydrocodone bitartrate, acetaminophen

# **STIMULANTS**

amphetamine Biphetamine, Dexedrine, Adderall; bennies, black beauties, crosses,

hearts, LA turnaround, speed, truck drivers, uppers

methylphenidate Ritalin; JIF, MPH, R-ball, Skippy, the smart drug, vitamin R

(safe & effective for treatment of ADHD)

# **OVER-THE-COUNTER (OTC) MEDICATION**

Found in any cold medicine with "DM" or "Tuss" in the title or Dextromethorphan (DXM)

name; Orange Crush, Triple C's, C-C-C, Red Devils, Skittles, Dex,

Vitamin D, Robo, Robo-trippin', Robo-dosing

# **Additional Resources:**

www.theantidrug.com www.drugfreeamerica.com www.nida.nih.gov www.freebive.com

www.painfullyobvious.com www.samhsa.gov



# DON'T BE YOUR KID'S DRUG DEALER







#### **FACTS**

- The 17th annual national study of teen drug abuse\* reports that an alarming number of teenagers are abusing a variety of prescription (Rx) and over-the-counter (OTC) medications to get high.
- The abuse of Rx and OTC medications intentionally to get high is the new emerging category of substance abuse.
- Kids as young as 12 are experimenting with, or using, Rx and OTC medications non-medically.
- Approximately 1 in 5 teenagers has abused a prescription painkiller to get high.
- 1 in 10 teenagers has abused OTC cough medications intentionally to get high.
- PRESCRIPTION AND OVER-THE-COUNTER MEDICATIONS ARE JUST AS DANGEROUS AS ILLEGAL SUBSTANCES WHEN USED INAPPROPRIATELY OR ABUSED, AND CAN BE LETHAL.

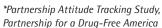
## THE PROBLEM

- Rx and OTC medications are easily accessible to kids (right in their home medicine cabinets).
- Rx and OTC medications are perceived by kids as safe compared to "street" drugs because they are legal, doctor-prescribed, and FDA-approved.

# HOW KIDS ABUSE RX AND OTC MEDICATIONS

- Swallow the pills or drink liquids.
- Crush the pills before snorting or smoking the powder.
- Melt or dissolve the medications and then inject them.
- Mix the medications with alcohol and street drugs to make "cocktails."





#### TIPS FOR PARENTS

#### **Educate Yourself:**

 Educate yourself about medications that kids are abusing, and share this information with others who are in contact with your children – school administrators, coaches, counselors, etc.

#### Communicate With Your Kids:

- Discuss the subject with your teenagers.
  See what your kids know about peers using medications without doctors' orders.
- Set clear expectations with your teenagers, letting them know that under no circumstances should they ever take medications without your knowledge.

### Safeguard Medications at Home and Other Places:

- Ask your healthcare provider if any medications prescribed for your family have a potential for abuse.
- Take an inventory of Rx and OTC medications in your home. Pay attention to quantities.
- Keep medications out of reach and out of easily accessible places like the medicine cabinet.
- If your child needs medications during school hours, speak with school officials about policies for distributing medications to students.
   If possible, personally take the medications to the school nurse. Make sure unused medications are returned to you.

Source: Partnership for a Drug-Free America

#### DISCLAIMER: Please read.

The information in this brochure is not intended to replace proper medical supervision or advice. Always consult your doctor or other healthcare professional when you have questions or concerns about prescription or over-the-counter medications.

# SANTA CLARITA





(661) 255-4965

#### SIGNS OF DRUG ABUSE

#### Radical Changes in Behavior such as:

- Acting especially angry or abusive, or engaging in reckless behavior.
- Acting withdrawn, depressed or apathetic.
- Changes in friends.
- Getting into trouble at school, negative changes in schoolwork, missing school, or declining grades.
- Lying or acting secretive or deceptive.
- · Neglecting appearance or hygiene.
- Possessing unexplained valuables of cash.
- Subtle changes in conversations with friends, e.g., using "coded" language.
- Violating curfews or running away.

# **Physical Signs:**

- Constant flu-like symptoms
- Dilated pupils; pinpoint pupils; droopy eyes
- Dry skin; itching; skin infections
- Elevated body temperatures
- Fast heart beat; irregular heart beat
- Hyperactivity
- Loss of appetite or sudden and unexplained weight loss
- Loss of coordination
- Nausea; vomiting; constipation
- Paranoia
- Repetitive behaviors
- Respiratory depression
- Seizures
- Shaking
- Sleep deprivation or "nodding"
- Slow gait; slowed reflexes
- Slow slurred speech
- Sweating
- Track marks (bruised skin around injection sites)



